Find Joy and Comfort by Embracing and Accepting Yourself

Published: 2023-12-14

Owing a big mansion, luxury cars & outfits, beautiful garden, cutest wife, and enough funds in your bank account doesn’t guarantee you that you’ll be happy and joyful person.

Some people thought that accumulating more than above things will help them become free from worries, anxieties, depression or fear of anything that’ll happen to them from the world of unseen (in future).

Joy, happiness and comfort are all found in the heart of those who embrace their selves and accept who they’re, irrespective of how much wealthy or poorer they’re.

It really saddened me whenever I come across a news about somebody who commit suicide because of being in a state depression about some minor solvable problems.

I’ve been wondering why many people suffers from unhappiness deep down into their hearts while they’re still alive and enjoying uncountable natural gifts from their lord? (God which you worship).

Whenever I remember I was not born perfect, I was imperfect and I will never be 100% perfect in my life, my soul used to find solace, comfort and tranquility from accusing and blaming myself just because somebody is better than me in some fields of life.

Just because you’re wealthy that doesn’t means you’ll not found happiness in your life, however just because you’re poor that also doesn’t means you’ll not found happiness too.

In this stage happiness is not for poor or rich people alone, happiness is for everyone who’s willing to embrace himself, accept himself with self-assurance, and live his life to it’s core.

Are you worried because your friend bought a new house while you’re still living in a rented one? Are you worried because your mates are richer than you? Are you worried because someone is handsome or beautiful than you? Are you worried because you’re homeless man/woman? Are you worried because you’re poor or can’t afford to buy a new clothes every week to wear, three meals a day or something else?

If one of the above listed reasons or different one makes you worried, you need to always remember that if there’s life then there’s hope, no condition is permanent in this life, if there’s hardship then relief is on the way.

You only need to be patient and stop worrying.

If today you’re poor or you was born by poor parents, that doesn’t means you won’t be rich, richer or richest one day, but have you ever seen a person who becomes successful while he failed to do anything meaningful for himself and has been worried all his life because of being poor?.

No, being worried about something you don’t have or you think you won’t have will only cause you depression. Stop worrying and start working on something you’re good at it, and I assure you one day you’ll beam with smile.